



NORTH STAR

EDUCATION SERVICES



CONSULTING • COACHING • TUTORING • ASSESSMENT



North Star Education Services
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Consultation Services:

Consultation services are provided by experienced Education Specialists and Psychologists who partner with parents and other professionals, such as school staff, to work towards a common goal of enhancing learning, academic self-esteem, and social and emotional well-being. Descriptions below are examples of how our consultants may be used. Consultation service plans are individually designed based upon client or family needs.

- **Consultation with Client, Parents, School and/or Agency**
- **Special Education Consultations**
- **School or College Planning and Consultation**
- **Vocational and Adult Transition Consultation**

We do **not** provide advocacy services.

Consultation Packages:

25 Hour Package: Package includes 5 hours of email/phone correspondence

10 Hour Package: Package includes 2 hours of email/phone correspondence

Assessment Services:

- Learning Abilities
- Autism Spectrum Disorder
- Neuro-Developmental
- ADHD/Executive Functioning
- Post-Secondary Planning
- Social Thinking/Skills
- Developmental Delays
- Speech/Language
- Math
- Reading
- Written Language
- Social-Emotional
- Progress Monitoring

Our evaluators have a wide-range of expertise in the assessment of the learning, communication, adaptive behaviors, and social and emotional functioning of clients from 2 years – Adult. We do not offer assessment services for the geriatric population. An initial intake of 60-90 minutes is required for the development of an individualized assessment plan, which is based on referral and evaluation questions. In addition to the assessment, evaluators thoroughly review records and seek out information from all professionals with knowledge of the client.

Our comprehensive assessment reports include practical recommendations that can be implemented in school, at home or in community settings. Assessments completed for Special Education or 504 processes will include suggestions for IEP or 504 Plans. For our younger clients, the evaluator will create a separate age-appropriate evaluation summary-report and review it with the client.

The base rate for an evaluation battery that includes intellectual, processing and academic assessment is

Individualized Instruction - Tutoring:

Intake:

An intake with one of our learning specialists is required for all new clients. Specialists will review any assessment or school data, and interview the client, parents, and school staff, as appropriate. Specialists will complete screenings or assessments as needed, create and develop goals for instruction and a list of recommendations for home. Intake is individualized based upon the presenting questions and needs.

Service Description:

Tutoring services provide clients with direct, individual teacher instruction for skill development or enrichment in a specific subject area. Each Tutoring Plan is customized to the client's individual needs and tutors are assigned based upon those needs.

Subject Areas: Elementary and Secondary – Reading, Phonology, Reading Comprehension, Written Language, Math, Sciences, Social Studies and Study Skills

College Level Courses

Speciality Tutoring – Wilson, Project Read, Lindamood Bell

Coaching Services:

A coach is someone trained to help people who often struggle to stay organized and up-to-date.

- A coach is your advocate – a person who gets to know you and finds ways to help you succeed in your endeavors.
- You and your coach talk regularly and check in about how your life is going.
- Your coach can help you find strategies to stay organized and remember important things.
- Your coach can help remind you to take care of yourself and show you ways to stay focused.
- Your coach can also help you improve the relationships with friends, classmates or co-workers, teachers or employers, and family members.
- Your coach is there to talk to and strategize with for as long as you want.

Coaching Services Include:

- **ADHD or Executive Functioning Coaching**
- **College Coaching and Planning**
- **Parent Coaching**
- **Educational Coaching**
- **Social Coaching**

Note: Coaching and homework management can be combined.

Intake:

Coaches collaborate with clients to create a brain-based learning profile that outlines the client's individual strengths and challenges. The coach listens to what the client tells them about their own perceptions of their learning, synthesizes information gleaned from the client's records and provides informal assessment to understand the client's current levels of functioning. The coach also takes into consideration the context of the client's life to find out what has or has not worked in the past. Information is gathered from the client's teachers, parents and outside professionals. School observation of the client in their different classes and in other environments may also be invaluable in completing the learning profile.

Homework Support:

Intake:

1-2 hours for assessing, developing and creating a homework plan. Intake is individualized based upon the presenting questions and needs.

Intake fees begin at \$80.

Individual Homework Support:

10 hours or 20 hours

* Small Group Homework Support:

10 hours or 20 hours

*This is a service offered only to clients enrolled in Tutoring , Coaching or Homework Support. Clients may sign up 24 hours in advance for the opportunity to work semi-independently or independently with support provided by the North Star staff.

Young Adult Transition or "Launching" Coaching:

Transition or Launching Coaching is designed to develop skills and implement strategies to help clients reach specified goals related to moving into adult life. This form of coaching emphasizes positive thinking and creation of achievable goals for career development, independent living, and social and emotional well-being. These require active effort by the client and, at times, the parent/guardian(s)/school/agency.

The following are the general goals of Transition Coaching:

1. Increase self-awareness of neuro-developmental skills, identify strengths which will assist in changes, and develop skills to accommodate challenges.
2. Develop and teach systems, strategies, tools & techniques for:
 - Initiation/Engagement
 - Determining solutions, acting & monitoring
 - Working through "roadblocks" & disappointments
 - Creating realistic plans and goals
 - Increasing follow-through
 - Examining Options
3. All client plans are individually tailored to the client's needs and may include and/or exclude some of the above mentioned general goals.

Coaching Package includes:

- Client: Assessment, record review, discussion with related professionals and development of the coaching plan.
- 20 hours of direct coaching.
- Two feedback & planning meetings with client &

- parents/agencies/schools.
- Five hours of phone and email correspondence.

North Star Education Services Policies

Cancellation Policy:

We require 24-hour cancellation notice for non-emergency reasons. For unexpected illnesses, emergencies, or weather-related events, please call by noon of the day of the appointment to cancel after-school services.

All other no-shows or cancellations will be charged at the contracted rate.

Weather-Related Closures:

North Star closures will follow the Bedford, New Hampshire school closings. Individual coaches or tutors may choose to provide services and will contact clients individually.

Financial Policy:

North Star is a "fee for service" organization. All fees must be paid in order for services to be provided. Packages may be paid in installments for a \$50 service fee. Please speak to the office about this option. Unused funds in packages will be refunded upon the receipt of a written request. A service charge of \$35.00 will be charged against the remaining funds in the package.

There are times when we are requested to provide services beyond the scope of a package or rate. We will need to draw up additional contracts for these services and payment will be expected before the service begins.

Clients who are receiving services paid for by a school district or agency will need to be sure that North Star has received the contractual agreement and PO/payment prior to services beginning. North Star will only be able to provide the services approved by the school or agency. Other services may be purchased by the client or client's family.

North Star does not accept insurance payment. The services provided are considered educational in nature and do not qualify for insurance reimbursement. On the rare occasion that a service may be covered by insurance, clients and families are still required to follow our financial policy. North Star will provide any documents required for an insurance claim, so that you may pursue reimbursement.